

		Schedule of services for PEIA Weight Management Program						
Appointments (minutes allotted)	Date(s)	Weight	Waist	Blood Pressure	Body Fat%	BMI	Monthly Visits	
Day 1	Fitness Assessment (60)	<input type="checkbox"/>						
Month 1	Personal Training (60)	<input type="checkbox"/>						
Month 2	Registered Dietitian (60)	<input type="checkbox"/>						
	Personal Training (60)	<input type="checkbox"/>						
Month 3	Personal Training (60)	<input type="checkbox"/>						
Month 4	Registered Dietitian (60)	<input type="checkbox"/>						
	Personal Training (60)	<input type="checkbox"/>						
Month 5	Personal Training (60)	<input type="checkbox"/>						
Month 6	Registered Dietitian (60)	<input type="checkbox"/>						
	Personal Training (60)	<input type="checkbox"/>						
	Fitness Assessment (60)	<input type="checkbox"/>						
Month 7	Personal Training (60)	<input type="checkbox"/>						
Month 8	Personal Training (60)	<input type="checkbox"/>						
Month 9	Personal Training (60)	<input type="checkbox"/>						
Month 10	Personal Training (60)	<input type="checkbox"/>						
Month 11	Personal Training (60)	<input type="checkbox"/>						
Month 12	Personal Training (60)	<input type="checkbox"/>						
Month 13	Fitness Assessment (60)	<input type="checkbox"/>						
	Registered Dietician (60)	<input type="checkbox"/>						
	Personal Training (60)	<input type="checkbox"/>						
Month 14	Personal Training (60)	<input type="checkbox"/>						
Month 15	Personal Training (60)	<input type="checkbox"/>						
Month 16	Personal Training (60)	<input type="checkbox"/>						
Month 17	Personal Training (60)	<input type="checkbox"/>						
Month 18	Fitness Assessment (60)	<input type="checkbox"/>						
	Registered Dietician (60)	<input type="checkbox"/>						
	Personal Training (60)	<input type="checkbox"/>						
Month 19	Personal Training (60)	<input type="checkbox"/>						
Month 20	Personal Training (60)	<input type="checkbox"/>						
Month 21	Personal Training (60)	<input type="checkbox"/>						
Month 22	Personal Training (60)	<input type="checkbox"/>						
Month 23	Personal Training (60)	<input type="checkbox"/>						
Month 24	Personal Training (60)	<input type="checkbox"/>						