

## PEIA's Healthy Tomorrows: Pick a PCP or Pay an Extra \$500

PEIA is rolling out its newest health promotion initiative, Healthy Tomorrows.

Healthy Tomorrows is a 3-year initiative to encourage active employees and non-Medicare retirees in the PEIA PPB Plans to name and develop a relationship with a primary care physician (PCP).

1. To avoid the deductible penalty for Plan Year 2016, policyholders must name a PCP no later than 5/15/15.
2. To avoid the deductible penalty for Plan Year 2017, members must have and see a PCP, and report their blood pressure, blood glucose, cholesterol and waist circumference between 4/2/15 and 5/15/16.
3. To avoid the deductible penalty for Plan Year 2018, members must have a PCP, be tested, and have their blood pressure, blood glucose and cholesterol within an acceptable range or have a physician's certification that those numbers cannot be met between 4/2/16 and 5/5/17.

In any year that the policyholder does not comply with the initiative, and meet the deadline, he or she will pay an additional \$500 medical deductible. The additional deductible will be added to a single plan or a family plan deductible. If you have a family plan, **only the policyholder** has to complete the Healthy Tomorrows requirements, not dependents.

During Open Enrollment April 2 – May 15, 2015, all PEIA PPB Plan policyholders have to designate a PCP to avoid the \$500 deductible penalty for Plan Year 2016. **PEIA will NOT take PCP designations for Plan Year 2016 after May 15, 2015.** Anyone who does not designate a PCP during open enrollment will be subject to the additional deductible.

Your PCP can be a member of PEIA's Medical Home Program (MHP), the Comprehensive Care Partnership (CCP), or any provider you see regularly for primary care.

- If you participate in PEIA's MHP or CCP, and you remain in the program, you have already satisfied the requirement to name a PCP for Plan Year 2016.
- If you don't participate in one of those programs, you can use the online directory to find all primary-care-type providers in WV.
- If your provider isn't listed in the directory, you'll have the option of entering your provider's information on the Manage My Benefits website or on a paper form, and that will satisfy the requirement for naming a PCP. You will find a link to the online provider directory on PEIA's website at [www.wvpeia.com](http://www.wvpeia.com) look under Open Enrollment.

There are two ways to designate your PCP:

1. Go online to [www.wvpeia.com](http://www.wvpeia.com), click on the green Manage My Benefits button, log in or register to use the site, when you're asked, make sure you designate that you're on the site for Open Enrollment. The Open Enrollment script will walk you through the process, and you'll designate your PCP.
2. Call the PEIA Open Enrollment Helpline at 877-676-5573 on or after April 2, 2015, and follow the prompts to order a "Pick a PCP" form. One will be mailed to your home address on the next business day.

Remember, whichever way you choose to designate your PCP, **you must do so before May 15, 2015**, to avoid the \$500 deductible penalty for next plan year. **PEIA will not accept PCP designations for Plan Year 2016 after May 15, 2015.**